

Personal History

Those of you that wonder about the reality of your predicament in which you contemplate the suffering of your life, there is but a simple solution to understand what is real and what is not.

As we have understood the nature of opinions and the way these judgments and adjectives taint the clarity of our perfect child like vision, we have to delve even more deeply into the reality of these illusions that constrain our happiness. After saying this we must be able to see that all the tragedy in our lives is the result of our compromise to surrender our personal power to those external forces that try to overcome our free will to act.

The history that frames your life is but an act, just as a play in a theater in which you have participated willing by trusting those authority figures that since early childhood have imprinted illusory perception about the way things are. When you recapitulate the history of your life and if seen with the eye of clarity and transparency, you are going to begin to notice that the things that happen in your life are only colored by your agreement to believe the wrongs and rights in your box of your personal believe system.

To grow beyond the self imposed shell of our personal history we most overcome the need to keep judging the past and present. There is no need to endure more suffering at the expense of retrieving more pain from the memories. Especially when now you have a deeper understanding that most of what you believe is opinions about reality. And if opinions are not real, maybe your life history is not real either. Even deeper we might suggest that you as you conceive your own self; is not real

There comes a time when to free your self you have to really let go of you life. Not in the physical sense, but in the mental sense. You have a clear picture of who you are. Some may say that we are the totality of all the experiences lived and perceive by the mind in this life. Yet, if our perception has been corrupted since early childhood, then that image that we call my self, may be a mirage of what you truly are.

This is not to point to the understanding that you are Pure Consciousness as a Soul, because you indeed are, but around that there is not an integral image that can be sustain, because your so call life is full of lies. The Lord of Lies has placed his mark onto your mind and allowed you to believe all sort of ideas and opinions about you and life at large. So, based only in your opinions and the recognition of the reality that these opinions hold, if you review your life

you will find out that not much is real, because is held by an opinion or judgment about you.

Then if you have been able to perceive this so far, you will feel that your heart demands to begin a new life, a new history not based on opinions, but in real and direct perceptions about life. A true history about you must be writing if you are to escape the lord of lies. Here is the point where impeccability becomes your tool for creating your new personal history.

God Bless you Now and Always.

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